

# Greek Mezze Recipe Shopping List

## 1. Homemade Flatbreads

- 250g plain flour (plus extra for dusting)
- 1 tsp baking powder
- ½ tsp salt
- 150g Greek yoghurt (full-fat recommended)
- 1 tbsp olive oil

## 2. Homemade Tzatziki

- 200g Greek yoghurt (full-fat recommended)
- ½ cucumber
- 1 clove garlic (finely minced)
- 1 tbsp olive oil
- 1 tbsp fresh dill or mint (optional, finely chopped)
- 1 tsp lemon juice
- Salt and pepper to taste

## 3. Quick Pickled Red Onions

- 1 medium red onion
- 120ml white wine vinegar or apple cider vinegar
- 120ml water
- 1 tsp sugar
- ½ tsp salt
- Optional: pinch of dried oregano, a clove of garlic, or peppercorns

## 4. Roasted Red Pepper & Feta Dip (Htipiti)

- 2 red peppers (or jarred roasted red peppers)

- 150g feta cheese
- 1 tbsp olive oil
- ½ tsp chilli flakes (adjust to taste)
- 1 tsp lemon juice
- Optional: 1 clove garlic (roasted or minced)